

# *Silks Bistro & Champagne Bar*

## *Menu*

### Starters

Homemade Soup of the Day, Baked Bread £6.50

Duck Liver Parfait, Red Onion Marmalade Toasted Ciabatta £7.50

Pan Fried Scallops, Pea Puree, Crispy Pancetta, Parmesan Shavings, Balsamic Glaze £8.75

Mezze Platter: - Humous, Mixed Olives, Fennel Coleslaw,  
Toasted Pitta, Olive Oil & Balsamic £7.00

White & Brown Devon Crab Meat, Leek, Shallot & Tomato Sauce,  
Spaghetti, Tempura Soft Shell Crab £8.00

3 Shucked Oysters on Crushed Ice, Balsamic Glaze, Stem Ginger, Shallots £9.00\*

### Mains

Hand Cut 10oz Sirloin Steak, Flat Field Mushroom, Cherry Vine Tomatoes,  
Hand Cut Chips, Onion Rings, Béarnaise Sauce £23.95\*

Pan Fried Duck Breast, Duck Liver, Dauphinoise Potatoes, Pak Choi, Cherry Jus £17.00

Slow Roasted Belly Pork, Apple Purée, Crushed Potatoes,  
Tenderstem Broccoli, Cider & Wild Mushroom Sauce £17.00

Beer Battered Fish of the Day, Hand Cut Skin on Chips,  
Garden Peas, Homemade Tartare £14.50

Pan Fried Monkfish Tails, Bombay Potatoes, Cauliflower Purée,  
Cucumber Yoghurt & Onion Bhaji £18.00

Moules Mariniere: Local Mussels, Onions, Garlic, Lemon, White Wine, Cream, Parsley  
Starter: £9.95\* Main: £17.95

Potato Gnocchi, Salt Baked Beetroot, Sweet Potato Puree,  
Vegetable Crisps, Tomato Pesto £12.00

(Please ask us for additional vegetarian and vegan option of the day where available)

## Sides

Selection of Bread & Olives £5.00

Garlic Crevettes £5.95

Home-Grown Rosemary & Sea Salt New Potatoes £3.50

Skin-on Hand Cut Chips £4.50

Homemade Onion Rings £3.50

House Side Salad £3.50

Selection of Vegetables £4.75

Sautéed Savoy Cabbage & Bacon Lardons £4.50

## Desserts

Dark Chocolate Fondant, Candied Walnuts, Café Latte Ice Cream £6.95

Honey Parfait, Honeycomb, Poached Plums, Passion Fruit Coulis £6.50

Sticky Toffee Pudding, Butterscotch Sauce, Trewithen Dairy Clotted Cream £6.95

Selection of Local Cheeses,  
Artisan Biscuits, Homemade Chutney, Quince Jelly £7.95\*

Selection of Ice Cream or Sorbet: - £4.50

**Wherever possible we use locally sourced meat, dairy and fish. Please see the list of our suppliers below.**

**For more information do not hesitate to ask one of our staff members.**

Smoked Meat & Fish – The Cornish Smokehouse (St Ives)

Oysters – Porthilly

Meat – M Yates & Son (Newquay), L George Butchers (St Newlyn East)  
(Newquay)

Fruits and Vegetables – Newquay Fruits

Seaweed – The Cornish Seaweed Company (Falmouth)

Seafood – Celtic Fish & Game (St Ives)

Sea Salt – Cornish Sea Salt Company (Lizard Peninsula)

Cornish Yarg – Lynher Dairies (Truro)

Milk and Dairy – Lillie Brothers (Falmouth)

Cornish Blue – Stansfield Farm (Bodmin Moore)

Cornish Camembert & Brie – Trevarrian Cornish Creamery (Newquay)

Local Drinks Supplier – St Austell Brewery

**\*Supplement for half board hotel guests**

**All allergens are available separately. Please inform our team if you have any allergies.**

**All menu items are cooked freshly on the premises and are subject to availability.**

## **A Selection of Baked Ciabattas**

Fish Finger & Tartare Sauce £7.25

Chicken Breast, Bacon, Egg Mayonnaise £7.50

Fire Roasted Red Pepper, Humous, Rocket £6.50

Sliced Sirloin of Beef, Red Onion Marmalade, Stilton £7.95

## **Afternoon Teas**

### Cornish Cream Tea

2 Homemade Scones Served with Cornish Clotted Cream & Strawberry Jam,

With a Choice of Tea or Coffee £6.95

### Silks Afternoon Tea (Available 2.00pm-5.00pm)

An Elegant Afternoon Tea Served on our 3 Tier Stand with a Selection of Finger Sandwiches,

a Selection of Homemade Cakes and Sweet Treats, Homemade Scones, Strawberry Jam,

Cornish Clotted Cream, with a Pot of Tea or your Favourite Coffee

£16 per person (Minimum 2 persons, booking advisable)

## **Hot Drinks**

A Pot of Fine Leaf Tea: - £2.95

Cornish Breakfast, Camomile, Green, Peppermint,  
Earl Grey, Mixed Berries, Lemon Verbena

Café Latte	£3.10	Mocha	£3.25
Espresso	£2.50	Double Espresso	£3.10
Cappuccino Small	£2.95	Cappuccino: Regular	£3.25
Americano Small	£2.95	Americano: Regular	£3.25
Hot Chocolate	£2.95	Flat White	£3.10

All coffee & Cornish breakfast tea available decaffeinated