

Good Morning!

The Atlantic Hotel warmly invites you to enjoy all the flavours of our buffet, as well as one item from the main menu per person.

Please help yourself to the buffet, and our servers will be with you shortly to offer freshly brewed tea and coffee, and to take your mains order.

Adults

£16.50

Children

£9.50

TEAS AND COFFEES

French Press Coffee, English Breakfast Tea, Herbal Tea (Earl Grey, Green, Peppermint, Chamomile, Decaf, Berry Burst, Red Berry & Kiwi, Lemon & Ginger)

BUFFET

JUICES (S)

Orange, Apple, Cranberry, Grapefruit

SELECTION OF FRESH FRUIT

GRAPEFRUIT SEGMENTS (S)

STEWED PRUNES (S)

CEREALS

Cornflakes, Rice Krispies, Bran Flakes, Weetabix, Muesli

PASTRIES (W, D)

Croissant, Pain au Chocolate, Whole Wheat or White Toast, Fresh Roll

Served with Marmalade, Jam or Honey

SELECTION OF CURED MEATS & CHEESES (D)

HOMEMADE BIRCHER YOGHURT (D, W, S)

Overnight Oats with Fresh Apple, Applesauce, Raisins

YOGHURT (D)

Natural & Fruit

MAINS

TRADITIONAL BREAKFAST (D, E, W, S)

Grilled Bacon, Grilled Pork Sausage, Fried Tomato, Baked Beans, Mushrooms, Hash Brown, Eggs (*Fried, Scrambled, Poached or Boiled*)

VEGETARIAN BREAKFAST (D, E, W, S)

Halloumi, Vegetarian Sausage, Fried Tomato, Baked Beans, Mushrooms, Hash Brown, Eggs (*Fried, Scrambled, Poached or Boiled*)

AMERICAN PANCAKES (D, E, W)

Fluffy Pancakes, Grilled Bacon, Maple Syrup

SMASHED AVOCADO ON TOAST (E, W)

Sourdough, Poached Eggs

PORRIDGE (D, W)

Creamy Oats, Wild Berry Compote, Cinnamon

A LA CARTE

Available with a £5.50 surcharge

GRILLED KIPPER (E, F)

Eggs (*Fried, Scrambled, Poached or Boiled*)

SMOKED HADDOCK (E, F)

Eggs (*Fried, Scrambled, Poached or Boiled*)

SMOKED SALMON (E, F, W, D)

Scrambled egg, Toast

Start your day in impeccable style!

In order to provide the best care for you, please inform our breakfast team of any allergies or dietary requirements.

S - sulphites, **W** - wheat, **D** - dairy, **E** - eggs, **F** - fish

